

# Sports

This week our home learning suggestions are all based around the theme "Sports!" We hope this gives you the chance to work together as a family, for siblings to support each other and to cover different subjects in a fun, interesting way.

Reading		Writing		Maths	
<p>1. Reading a variety of texts at home. This can include reading books, magazines, instruction manuals or recipes.</p> <p>2. Find a book about sports. Write down the key information you have learnt about the sport from the book.</p> <p>3. Ask your child to choose and read a healthy recipe from a recipe book. If you have the ingredients, why not follow the recipe together?</p> <p>GetEpic and OxfordOwls provide great reading content online.</p>		<p>1. Write a set of instructions for how to play your favourite sport.</p> <p>2. Ask your child to think of questions they'd love to ask their favourite athlete. They could write a list of questions using a range of question words such as 'when', 'why', 'who', 'what', 'where' and 'how'. Your child could then answer their own questions in the role as their hero.</p> <p>3. Using this link <a href="https://www.literacysshedplus.com/en-gb/resource/the-catch-ks1-activity-pack">https://www.literacysshedplus.com/en-gb/resource/the-catch-ks1-activity-pack</a> Write your own sporting story featuring their hero.</p> <p>Examples and scaffolds will be provided to support these activities. Please check the daily emails for these resources.</p> <p>Spelling Shed Phonics Play Practise Common Exception Word spelling</p>		<p>1. Place an object on the ground and use positional language such as forward, backwards, up, down, left and right to direct them to the object. You could switch roles and get your child to give the directions. If you wanted to make it harder, you could use a blindfold but be extra careful!</p> <p>2. Each member of the family could have a go at the Long Jump. Ask your child to measure the length of each jump using a measuring tape and record the lengths. Who jumped the furthest? Who had the shortest jump? What was the difference between the shortest and longest jump?</p> <p>3. Complete the different Maths Word Problems below.</p> <p>Mathletics TTRockstars</p>	
Science	Art/DT/Music	History	Geography	Discussion	
<p>Plan a days' worth of food for your favourite athlete. Make sure you include lots of protein to help muscles grow, vitamins to keep us healthy and plenty of water to keep you hydrated.</p> <p>Create a mini Olympics at home, in the garden or at the park. Try to make up different tasks for each body part. You want to use your arms, legs, head, feet, hands... How many different body parts can you work during your mini Olympics?</p>	<p>Ask your child to design a gold medal and present it to somebody deserving within the household. Why have they chosen this person?</p> <p>Task your child with designing and making their very own obstacle course in the garden. Ask them to draw and label their design first and include all of the equipment they need. They can then use their design to</p>	<p>There is a cycling race called The Tour De France. Can you find out when it started? Who was the first winner? Who won last year's race? And any other fun facts!</p> <p>Do you know how and when your favourite sport was created? See if you can find out. Did it start in another country?</p>	<p>Can you find out which countries won the most Olympic medals during the last Olympic games? On a map of the UK, Europe or the world write how many medals each country won.</p> <p>The Winter Olympics have been held in lots of different cities. Can you create a fact file about one of the host countries?</p>	<p>Which sports do you enjoy watching on TV? How much time do you spend watching them?</p> <p>Which is the sportiest country in the world?</p> <p>What is your favourite sport and why?</p>	

	<p>create their obstacle course. Ask the family to complete the obstacle course whilst your child times them. Your child could even make medals from tin-foil or any other suitable material and present them to the winner during a winner's ceremony.</p>			
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*Just for Fun!*

Ask your child to design their very own team kit. They should consider the flag of the country that they would represent and how to incorporate these colours into the design. They could draw the design with a pencil or use a computer program to do this.

Your child could make their very own family mascot using materials from around the house.

**Make your own mini football game.**

You will need:

- A box (shoe, cereal... any box)
- Paper
- Cardboard
- Straws
- Stapler
- Tin foil

Method

- 1) Measure 3 inches from the side of a cereal box and cut off the entire side. Decorate the inside of the box with paper so it looks like a soccer field.
- 2) Cut two goals by trimming the flaps at each end. Three inches from each goal, punch one hole in each side.
- 3) Cut two 1-inch-by-8-inch strips of cardboard. Fold them in half. Place a drinking straw in the center of each, and staple the cardboard to the straw.
- 4) Draw football players on card stock and glue them onto the cardboard. Slide the ends of the straws through the holes on the sides of the field.
- 5) Make a football from foil.



*Math Word Problems*

There are 10 skipping races. If there are 4 children in each lane, how many children will be taking part in the skipping race altogether?

We have 50 spoons ready for the egg and spoon race. We only have 30 eggs (Oh no!) How many more eggs does Miss Robin need to buy?

Miss Ruby bought 50 bean bags, but we only needed 45. How many bean bags will NOT get used?

Miss Smith has found 3 t-shirts, 2 odd socks, 1 plimsole and 4 hair bands. How many items of lost property did she find altogether?

In the bucket race, there were 20 bean bags used. 10 missed the bucket. How many bean bags were in the bucket?

Why not have a go at making your own Sports related word problems.

