DISHES AND THEIR ALLERGEN CONTENT - MENU ALLERGENS APRIL2024 -JULY2024 WEEK 3

DISHES					De.	Lupin Flour	Milk		MUSTARD					Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
REGGAE VEG NOODLES		WHEAT BARLEY		Υ						M/C	M/C			
REGGAE VEG RICE NOODLES		BARLEY								M/C	M/C			
MUSHROOM QUICHE		WHEAT BARLEY		Υ			Υ						M/C	
CHEESE BAGUETTE		WHEAT					Υ					Υ		
CARROT STICKS														
CUCUMBER														
FRUIT JELLY AND CUSTARD							Υ							
PORK MEATBALLS IN A TOMATO SAUCE		WHEAT												
50/50 RICE														
SPINACH AND RICOTTA CANNELLONI		WHEAT		Υ			Υ		M/C				M/C	
JACKET POTATO														

DISHES						Lupin	Milk		MUSTARD			SESAM	1	WNE Seer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHEESE							Y							
TUNA MAYO				Υ	Υ									
BAKED BEANS														
DATE FLAPJACK		WHEAT OATS												Y
ROAST CHICKEN														Υ
QUORN FILLET		WHEAT												
ROAST POTATOES	M/C													M/C
STUFFING		WHEAT OATS												
YORKSHIRE PUDDING		WHEAT		Y			Y							
VEGETABLES														
GRAVY														
ICED FRUIT SMOOTHIE														

DISHES						Lupin	Milk		MUSTARD			INDAM OR		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BEEF BOLOGNESE														
PASTA		WHEAT												
GF PASTA													Υ	
GARLIC BREAD		WHEAT					M/C						M/C	
CAULIFLOWER CHEESE		WHEAT					Υ		M/C					
GF CAULIFLOWER CHEESE							Υ		M/C					
DF CAULIFLOWER CHEESE		WHEAT M/C OATS											M/C	
BBQ CHICKEN MAYO WRAP		WHEAT		Υ										
CARROT STICKS														
CUCUMBER														
CARROT CAKE MUFFIN		WHEAT		Υ			M/C						Υ	
CHICKEN CHUNKS		WHEAT												
QUORN NUGGETS		WHEAT												

DISHES					Do.	Lupin	Milk		MUSTARD			SESAME SESAME		Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHIPS														
CHOCOLATE MUFFIN		WHEAT		Y			Y						M/C	
MILKSHAKE							Y							